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U.S. Rep. Russ Carnahan, D-Mo., plans to host a regional jobs summit Saturday at Washington University in St. Louis.

More than two dozen business and community leaders from St. Louis City, St. Louis County, Jefferson County and Ste. Genevieve County are scheduled to participate, including the CEOs of several St. Louis-based Fortune 500 companies, and executives from major health care, manufacturing, energy, life science and financial services companies, Carnahan's office said Friday.

"Recessions affect regions differently, not only how they come into a recession but also how they come out," Carnahan said in a statement. "We need to work together to examine our own situation, determine our economic strengths and weaknesses, and continue to advance a serious, realistic and workable regional plan that will help the St. Louis region emerge from this recession stronger than before."